



## Section 3: Short-Circuit the Program

### Exercise 6

This exercise asks you to consider your family money dynamic.

#### What Do You Remember?

*Check*

What is your overall impression of your family dynamic?

- Pleasant
- Unpleasant
- Nondescript

How would you describe your family's money lessons?

- Helpful
- Unhelpful

What was the general attitude of your family about it?

- Consistent
- Conflicting
- Hidden

How did your family talk about it?

- Fighting
- Silence
- Pleasantries

What did your family teach you?

- How to Save
- How to Spend
- Nothing

How do your current behaviors mirror your family?

- Same
- Opposite
- Inconsistent

*“All in the family” has new meaning when you become aware of how family history affects your life today.*